# **BETTER CARE, LOWER COST**

Consortium for Medically Necessary Oral Health Coverage

September 5, 2022

The Honorable Chiquita Brooks-LaSure Centers for Medicare and Medicaid Services Attention: CMS–1770–P 7500 Security Boulevard P.O. Box 8016 Baltimore, MD 21244-8016

# Re: CY 2023 Physician Fee Schedule Proposed Rule

Dear Administrator Brooks-LaSure:

The Consortium for Medically Necessary Oral Health Coverage – a leading consensus-building alliance of more than 240 dental, medical, patient, and consumer organizations – appreciates the opportunity to offer comments to the Centers for Medicare and Medicaid Services (CMS) on the proposals and request for information on Medicare Parts A and B Payment for Dental Services in the CY 2023 Physician Fee Schedule Proposed Rule.

Working together, the Consortium's members have undertaken detailed clinical, policy, legal, research, fiscal, and constituent analyses to help decision makers determine the optimal solution to the decades-old problems posed by the Medicare program's historical approach to oral health coverage. Highlights of the Consortium's efforts include presentation of the legal basis for administrative action expanding medically necessary oral health coverage, compilation of clinical and academic evidence of the need for medically necessary coverage, documentation of the private sector precedent for and the savings projected to be generated from such coverage, assessment of aging Americans' strong support for expanded coverage, and circulation of a diversely signed Community Statement on Medicare Coverage for Medically Necessary Oral and Dental Health Therapies (attached).

On the basis of these initiatives, we are confident CMS' proposal will have a direct, meaningful, and broadly supported impact in the lives of tens of millions of Medicare beneficiaries.

As CMS considers the comments it receives, we urge that they be approached within the context of the extensive clinical and fiscal evidence that supports expanded coverage. After all, it is well established that chronic diseases disproportionately impact Medicare beneficiaries, imposing a substantial cost on the federal government, and that untreated oral microbial infections are closely linked to a wide range of such chronic diseases. Similarly, researchers and medical specialty societies have thoroughly documented the impact of untreated oral conditions in precluding, delaying, and even jeopardizing a broad range of essential medical procedures.

The Consortium has been vocal in its view that there is no medical justification for the Medicare program's longstanding treatment of all microbial infections *except* for those relating to the teeth and periodontium, particularly because this coverage policy has made it impossible for many Medicare beneficiaries to receive medically necessary oral and dental care. Instead, we recognize that medically necessary treatment is integral to the management of numerous diseases and medical conditions and that its absence has heightened the risk of medical complications while increasing the financial burden on Medicare, beneficiaries, and taxpayers.

We also wish to note the important perspectives of leading authorities across the medical community. As excerpted below, strong clinical consensus exists about the importance of medically necessary oral and dental care:

## American Academy of Neurology:

"[P]oor dental hygiene increases likelihood of bacterial endocarditis and worsens stroke outcomes in all subtypes due to an increased inflammatory burden."

# American Association of Clinical Endocrinology:

"[U]ntreated periodontal disease makes it more difficult to control diabetes, leading to the dreaded diabetic microvascular and macrovascular complications."

# American Association of Hip and Knee Surgeons:

"Best practices for our surgeons include a dental evaluation in patients at risk prior to arthroplasty. This is particularly important for the poor and disenfranchised. A dental infection is also disastrous in the postoperative patients; prompt evaluation of oral infection is critical in patients after surgery."

# American College of Cardiology:

"The data linking dental infections to increased risk of cardiovascular disease is clear. Severe dental infections can compromise cardiac conditions."

# American College of Emergency Physicians:

"[N]umerous instances of emergency department visits and hospitalizations for an array of medical problems have a dental condition as an underlying cause. For example, dental infections may be the source of the bacteria responsible for an infected cardiac or orthopedic prosthesis and sepsis."

# American College of Gastroenterology:

"Urgent dental care is sometimes necessary before patients can undergo treatment for gastrointestinal diseases, including inflammatory bowel diseases and Hepatitis C virus. It is important for patients with these chronic diseases to receive dental care and avoid any delay in treatment."

# American College of Physicians:

"Dental problems, particularly dental infections, pose a major problem for patients with cardiac valvular disease, patients who are immunosuppressed by virtue of underlying disease or immunosuppressive medications, patients with various types of prostheses, and patients who are at risk of aspiration. The implications of dental disease in such patients extend well beyond their oral disease, with potentially life-threatening complications if the dental problems are not treated."

# American College of Rheumatology:

"It is vital for patients to receive appropriate dental evaluation and prompt treatment so they can continue their immune suppressant medications."

# American Diabetes Association:

"[U]ntreated periodontal disease makes it more difficult to control blood glucose and is associated with increased risk of diabetes complications, including kidney failure and cardiovascular disease. People with diabetes are more likely to need medical procedures such as cardiac surgery or kidney transplantation [which] may have to be delayed due dental problems."

## American Nephrology Nurses Association

"[W]e urge CMS to consider that dental health is a determinant of health for those with end-stage renal disease. There is a plethora of research to support this conclusion and studies have shown that adults with end-stage renal disease (ESRD) tend to have more severe oral disease than the general population, leading to increased mortality."

# American Psychiatric Association:

"[M]any are treated long term with psychotropic medications that may reduce resistance to infection. Without appropriate dental care, these individuals are at increased risk for septicemias, endocarditis and other potentially threatening conditions."

# American Society of Clinical Oncology:

"Untreated dental disease in patients about to undergo chemotherapy regimens that carry the risk of hematologic toxicity, especially leucopenia, may be a cause of fatal sepsis." Additionally, "[e]xpert consensus panels have recommended dental assessment prior to the use of intravenous bisphosphonates."

# American Society of Transplant Surgeons:

"Untreated dental problems can become deadly once a patient is immunosuppressed, so good dental care is a critical part of preparation for transplant."

# American Thoracic Society:

"Bacterial biofilms between teeth harbor pathogens that, when aspirated, can increase susceptibility or complicate the management of pulmonary diseases such as pneumonia, bronchitis, and chronic obstructive pulmonary disease (COPD). The risk is greater in immune-compromised individuals."

### Association of Oncology Social Work:

"Dental treatment must precede many life-saving chemotherapeutic cancer interventions."

### Kidney Care Partners

"Access to dental services not only is important for dialysis patients as part of their ability to access kidney transplants, but also to access cardiovascular procedures given that many dialysis patients also live with serious, chronic cardiovascular conditions, and to reduce the risk of systemic infections developing from an oral source."

### National Association of Community Health Centers

"Medicare's lack of dental coverage ...exacerbates underlying racial, geographic and disability-related health and wealth disparities; improved Medicare coverage for medically necessary dental care would help millions of people get healthy without having to make impossible financial tradeoffs and would mitigate some of these health inequities."

# National Interprofessional Initiative on Oral Health

"NIIOH applauds CMS for considering dental coverage related to a variety of clinical scenarios, including certain surgical procedures, transplants, cancer treatments, diabetes and other chronic disease management, immunosuppression, heart disease treatments and other circumstances. Emerging evidence documents the bidirectional relationship between oral health and other chronic health conditions. There is strong legal consensus supporting the actions CMS has proposed, as well as adding coverage for additional medical scenarios that CMS is considering."

# National Multiple Sclerosis Society

"[I]ndividuals living with MS are at increased risk of infection development and complications from oral pathogens. Coverage of dental examinations and treatments is unquestionably needed for beneficiaries requiring long-term use of immunosuppressing medications to help manage MS."

# North American Transplant Coordinators Organization

"Serious and aggressive infections, regardless of location --- including the teeth and periodontium --- risk serious complications among immunosuppressed transplant recipients. And the danger intensifies among older adults whose immune systems can be weakened by aging (immunosenescence)."

# Oral Health Nursing Education and Practice Program

"[N]urses are witness to the impact of poor oral health and lack of a Medicare dental benefit on the health care outcomes and quality of life for older adults with chronic conditions including, but not limited to diabetes, cardiovascular, and respiratory conditions. Of particular note is the relationship of poor oral health and increased risk for serious co-morbidities and complications for conditions like, cancer, solid organ transplants, and autoimmune diseases, which may prevent, delay, as well as interrupt treatment and/or reduce likelihood of optimal clinical outcomes."

### Renal Physicians Association:

"[P]oor dental health can compromise the ability of ESRD patients to achieve good medical outcomes due to its impact on serum albumin levels and glucose control."

### Sepsis Alliance

"An infection in the mouth that forms as a result of surgery or even just routine dental cleaning and scaling should, like all infections, be treated as quickly as possible to reduce the risk of complications, including sepsis. This is especially important for individuals who are immunosuppressed because of disease (Diabetes, Leukemia, HIV, Chronic Kidney Disease), pharmaceuticals (cancer chemotherapies, biologics for management of autoimmune diseases), and/or natural aging (immunosenescence)."

### Society for Transplant Social Workers:

"Untreated dental problems can become deadly once a patient is immunosuppressed, so good dental care is a critical part of preparation for transplant."

### Society for Vascular Surgery:

"We encourage all vascular patients, but especially those who have had or intend to have arterial stents or grafts placed, to undergo appropriate dental care to avoid these potentially devastating vascular complications."

# The Gerontological Society of America:

"Given the many serious potential complications from poor oral health and the already formidable challenges in obtaining dental care as we age, it is vital that access to medically necessary dental services be available."

### The Society of Thoracic Surgeons:

"[C]ardiothoracic surgeons often find that their patients have primary bacterial endocarditis or, worse, prosthetic valve endocarditis secondary to neglected dental health and chronic dental abscesses. These are life-threatening situations that could be prevented if Medicare would cover medically necessary oral/dental health therapies."

In addition, we commend to the Agency's consideration the comment letters submitted by many of the Consortium's members on a broad range of clinical, coverage, payment, legal, sustainability, and equity issues. For example, please see the letters filed on these topics by the Santa Fe Group, Oral Health Nursing Education and Practice Program, California Dental Association, Center for Medicare Advocacy, Henry Schein Cares Foundation, Pacific Dental Services Foundation, and Families USA, respectively.

The letters filed by these and other Consortium members offer important insights borne of their deep expertise. While they address a variety of topics, they are united in expressing strong support for these proposals. We are pleased to echo their support for meaningfully broadening coverage of medically necessary services and for creating an important opportunity for stakeholders to suggest other clinical scenarios where coverage of medically necessary oral and dental services may be appropriate.

Thank you for this opportunity to provide these comments and support the Administration's efforts to improve health, equity, and quality of life for Medicare beneficiaries. If the Consortium can serve as a resource as CMS makes continuing progress for a healthier and more equitable America, please do not hesitate to contact me ericsberger@outlook.com.

On behalf of the Consortium for Medically Necessary Oral Health Coverage, I am,

Sincerely,

CARG 6

Eric S. Berger

Attachment: Community Statement on Medicare Coverage for Medically Necessary Oral and Dental Health Therapies

# Community Statement on Medicare Coverage for Medically Necessary Oral and Dental Health Therapies

The undersigned organizations are proud to join in support of Medicare coverage for medically necessary oral/dental health therapies.

It is well established that chronic diseases disproportionately impact Medicare beneficiaries and impose a substantial cost on the federal government. It is also well established that untreated oral microbial infections are closely linked to a wide range of costly chronic conditions, including diabetes, heart disease, dementia, and stroke. In addition, oral diseases have been documented by researchers and medical specialty societies as precluding, delaying, and even jeopardizing medical treatments such as organ and stem cell transplantation, heart valve repair or replacement, cancer chemotherapies, placement of orthopedic prostheses, and management of autoimmune diseases.

Despite these factors, most Medicare beneficiaries do not currently receive oral/dental care even when medically necessary for the treatment of Medicare-covered diseases. In fact, Medicare coverage extends to the treatment of all microbial infections except for those relating to the teeth and periodontium. There is simply no medical justification for this exclusion, especially in light of the broad agreement among health care providers that such care is integral to the medical management of numerous diseases and medical conditions. Moreover, the lack of medically necessary oral/dental care heightens the risk of costly medical complications, increasing the financial burden on Medicare, beneficiaries, and taxpayers.

A number of major insurance carriers provide medically necessary oral and dental coverage to targeted enrollees with conditions such as diabetes, heart disease, stroke, head/neck cancers, and transplants. According to some reports, such coverage has realized important benefits, including markedly lower hospitalization and emergency department admission rates as well as substantial cost reductions. On a further note, veterans getting care through the Veterans Health Administration receive medically adjunctive oral/dental treatment in many instances when a dental diagnosis affects their medical prognosis. These are all important steps forward, and medically necessary oral/dental healthcare should be provided in traditional Medicare as well.

The Medicare program and all its beneficiaries should not be without the vital clinical and fiscal benefits of coverage for medically necessary oral/dental health therapies. Given the significant potential to improve health outcomes and reduce program costs, we urge Congress and the Administration to explore options for extending such evidencebased coverage for all Medicare beneficiaries.

#### AARP

ABLE NH (Advocates Building Lasting Equality in NH) ACA Consumer Advocacy Acuity Specialists Adenoid Cystic Carcinoma Research Foundation AIDS Foundation of Chicago Alliance for Retired Americans Allies for Independence ALS Association American Academy of Developmental Medicine and Dentistry American Academy of Nursing American Academy of Periodontology American Association for Community Dental Programs American Association for Dental, Oral, and Craniofacial Research American Association of Clinical Endocrinologists American Association of Colleges of Nursing American Association of Diabetes Educators American Association of Hip and Knee Surgeons American Association of Kidney Patients American Association of Oral and Maxillofacial Surgeons American Association of Nurse Practitioners American Association of Public Health Dentistry American Association on Health and Disability American Autoimmune Related Diseases Association American College of Cardiology American College of Emergency Physicians American College of Gastroenterology American College of Physicians American College of Rheumatology American Dental Assistants Association American Dental Education Association American Dental Hygienists' Association American Diabetes Association American Geriatrics Society American Head and Neck Society American Heart Association American Institute of Dental Public Health American Kidney Fund American Liver Foundation American Medical Association American Muslim Health Professionals (AMHP) American Nephrology Nurses' Association American Network of Oral Health Coalitions American Nurses Association American Parkinson Disease Association American Psychiatric Association

American Psychiatric Nurses Association American Public Health Association American Society for Radiation Oncology American Society of Clinical Oncology American Society of Nephrology American Society of Transplant Surgeons American Society of Transplantation American Thoracic Society Arcora Foundation Arizona Oral Health Coalition Arthritis Foundation Association of Asian Pacific Community Health Organizations (AAPCHO) Association of Community Cancer Centers Association of Oncology Social Work Association of State and Territorial Dental Directors Autistic Self Advocacy Network Be a Hero Brain Injury Association of America California Dental Association California Medical Association CareQuest Institute for Oral Health Carlson Foley Enterprises Catholic Health Association of the United States Center for Advocacy for the Rights and Interests of the Elderly (CARIE) Center for Elder Law & Justice Center for Health Law and Policy Innovation Center for Medicare Advocacy Center for Popular Democracy Champaign County Health Care Consumers Children's Dental Health Project Coalition for Oral Health for the Aging Coalition of Texans with Disabilities Colgate Palmolive Company Colorado Consumer Health Initiative Community Catalyst Community Dental Health NPO Connecticut Oral Health Initiative Cornerstone Dental Specialties Crohn's and Colitis Foundation of America Culpeper Wellness Foundation Davis Phinney Foundation for Parkinson's Delaware Dental Hygienists' Association Dental Lifeline Network Dental Trade Alliance Dentsply Sirona Dialysis Patient Citizens

Dientes Community Dental Care Disability Rights Education and Defense Fund Eating Disorders Coalition Elderly Housing Development & Operations Corporation Epilepsy Foundation EXCELth, Inc. Families USA 504HealthNet Florida Health Justice Project Georgia AIDS Coalition Georgians for a Healthy Future Gerontological Advanced Practice Nurses Association GlaxoSmithKline Consumer Healthcare GLMA: Health Professionals Advancing LGBTQ Equality Hartford Institute for Geriatric Nursing Hawaii Oral Health Coalition Hawaii Children's Action Network Speaks! Head and Neck Cancer Alliance Health Care For All (MA) Health Care Is a Human Right WA Health Care Voices Healthy Living and Learning Center Heartland Alliance Henry Schein Cares Foundation HIV Medicine Association Hispanic Dental Association International Pemphigus and Pemphigoid Foundation Island Liaison, Inc. John A. Hartford Foundation Ion C Burr Foundation Justice in Aging Kentucky Oral Health Coalition Klamath Basin Oral Health Coalition Lakeshore Foundation Leukemia and Lymphoma Society Louisiana Primary Care Association Lupus and Allied Diseases Association, Inc. Lupus Foundation of America Maryland Dental Action Coalition Massachusetts ME/CFS and FM Assoc Medicaid|Medicare|CHIP Services Dental Association Medicare Rights Center Mended Hearts Mental Health America Metro New York Health Care for All Michigan Primary Care Association Minnesota Dental Therapy Association

#### myNEXUS

National Alliance of State & Territorial AIDS Directors National Alliance on Mental Illness National Association of Area Agencies on Aging National Association of Chronic Disease Directors National Association of Community Health Centers National Association of Dental Plans National Association of Nutrition and Aging Services Programs National Association of Social Workers National Association of States United for Aging and Disabilities National Coalition of Dentists for Health Equity National Comprehensive Cancer Network National Committee to Preserve Social Security and Medicare National Consumer Voice for Quality Long-Term Care National Consumers League National Council for Behavioral Health National Council on Aging National Dental Association National Forum for Heart Disease and Stroke Prevention National Hispanic Medical Association National Health Law Program National Interprofessional Initiative on Oral Health National Kidney Foundation National League for Nursing National Medical Association National Multiple Sclerosis Society National Network for Oral Health Access National Osteoporosis Foundation National Rural Health Association National Stroke Association North American Transplant Coordinators Organization Northwest Harvest Nurses for America Nursing Interventions for Health System Elders NYU Rory Meyers College of Nursing Ohio Alliance for Retired Americans Educational Fund Oklahoma Policy Institute Oncology Nursing Society Oral Cancer Foundation Oral Health Kansas Oral Health Nursing Education and Practice Program Oral Health Ohio Oral Health Progress and Equity Network (OPEN) Our Mother's Voice PA Coalition for Oral Health

Pacific Dental Services Foundation Parkinson's Foundation Patient-Centered Primary Care Collaborative Pennsylvania Health Access Network PEW Dental Campaign Piedmont Regional Dental Clinic PRC Preventive Cardiovascular Nurses Association Pride At Work - WA North, Mt. Kulshan Chapter Procter & Gamble ProHEALTH Dental Project Accessible Oral Health Puget Sound Advocates for Retirement Action (PSARA) Renal Healthcare Association Renal Physicians Association Research!America Santa Fe Group School-Based Health Alliance Scleroderma Foundation Senior Charity Care Foundation Senior Mobile Dental Sepsis Alliance Sjögren's Foundation Smiles To Go. LLC Social Security Works Society for Transplant Social Workers Special Care Dental Association Statewide Poverty Action Network Support for People with Oral and Head and Neck Cancer Texas Oral Health Coalition, Inc Texas Parent to Parent The AIDS Institute The Arc of the United States The Bingham Program The CornerStone Community Development Center The Gerontological Society of America The Michael J. Fox Foundation The National Forum of ESRD Networks The Society for Thoracic Surgeons The TMJ Association Third Way Tri-Area Community Health Trust for America's Health United Health Organization United Network for Organ Sharing UUFHCT Virginia Community Healthcare Association

Virginia Health Catalyst Virginia Organizing Virginia Rural Health Association Washington Healthcare Access Alliance Wayne County Oral Health Organization Wesley Living Woodland Homes West Central Initiative Western Center on Law and Poverty Winters Elder Day Council WomenHeart, The National Coalition for Women with Heart Disease